e-mail: info@bafokeng.com website: www.bafokeng.com

...a e wele metsing.

December 2011



Efforts to manage HIV/AIDS prove to be successful

Page 4



Community sewing project empowers local women

Page 14



Karate Team scoops medals at the tournament



Vision statement

"We the Bafokeng Nation, the Supreme Council and Kgosi, are determined to develop ourselves to be a self-sufficient Nation by the second decade of the 21st century."

Mission statement

"We give our full and relentless commitment to provide our nation with all basic human needs. To provide continued promotion of respect and enhancement of our culture and economic self-sufficiency. In all these endeavours we shall not falter in holding our respect to our Kgosi and the Nation, and hold dear our land."

Message by the Public Affairs Executive



Ka gale fa ngwaga o fitlha fa, re lebelela kwa morago go bona seo re se fitlheletseng mo tsamaong ya ngwaga, mme ke solofela gore, go go ntsi go o ka ipelang ka gona.

Sa ntlha fela rona re motlotlo e bile re itumeletse go bo re kgonne go tokafatsa lokwalo dikgang lo, go go fa dikgang tse di maleba.

Re itumeletse gape gore o bo o kgonne go arogana le rona dikgang tsa gago, tseo re solofelang di rotleditse ba bangwe.

Godimo ga tsotlhe re lebogela gore o bo tshwaragane le rona. Mpho ya rona ya keresemose go wena ke go go tshepisa le go go netefaletsa go go tlisetsa dikgang le ditiragalo tse di amang botshelo jwa gago ka boikanyego le ka nako.

Go a bonala gore ngwaga o mosha o tla ka tse di ntle jaaka re setse re amogetse dipalopalo tsa baagi mo kgaolong ya rona, tseo di tla thusang thata mo thulaganyong ya mananeo a rona otlhe, e ka ne e le a pholo, tshireletsego, kago ya mafaratlhatlha, tlhabololo ya ikonomi, metshameko le tse dingwe. Tsotlhe tse, di dirwa go bontsha kgolo le tlhabololo.

Re sa ntse re go rotloetsa go tsaya karolo ka go romela dikgang tsa gago kgotsa maikutlo a gago ka dintlha dingwe le dingwe tse di go amang kgotsa di ama morafe.

Re go lebogela go arogana ngwaga o le rona mme re solofela go tswelela jalo le mo ngwageng wa 2012.

> Merry Xmas and a Prosperous New Year!

> > **Enjoy Reading!**

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A New, important number

How many people live in the RBN?

How many Bafokeng are there? No one really knows, because there are Bafokeng living in Rustenburg, Gauteng, Durban, and, in fact, all over the world.

Makgotla registers cannot accurately capture the total number of Bafokeng – as only those who register themselves (or are registered by their parents) appear in the official lists.

Nonetheless, it is possible to know how many people live on RBAserviced land – by this we mean, in the twenty-nine Bafokeng villages and in the informal settlements on Bafokeng land.

This population count was one of the objectives of the recent PULA

study- the "Population and Use of Land Audit".

Even before hitting the streets, the research team looked at the South African National Census in 2001. which found that there were about 110 000 people living on Bafokeng land at the time.

Police statistics for the area very roughly delineating the Bafokeng area found 129 000 people in 2010. Private planning companies, such as 'Strategy4good', estimated the population at 160 000, but included some hostels, non-Bafokeng mining-areas and a few extra informal settlements.

RBI and RBS, who count the schoolage children for their programmes, also provided numbers. So, although the exact figure was not clear we expected to find something in the 130 000 to 160 000 range.

After going door-to-door throughout the entire community in May and June of this year, the researchers found that the number of people residing (permanently) on RBN land is roughly 150 000.

This figure includes everyone. Bafokeng (two-thirds of the population) and non-Bafokeng, and includes Chachalaza, Freedom Park (a part of it), Entabeni (aka Yeza-yeza), Nkaneng and Ikaneng/Marubitshi.

The number does not include areas such as Wildebeesfontein. Frischgewaagd or Monakato, which are not on RBN land.

So, if we want to know how many voters, road users, clinic patients, school goers, water drinkers, waste producers and job-seekers there are in the RBN, the number is about 150.000.

In the future, we hope to report on precisely how many Bafokeng there are in the world. Watch this space....!!!

The table below shows the residential population by region, rounded to the nearest 1000.

Population by region:

33000
35000
15000
32000
27000



Managing HIV/AIDS - A Team Effort

"Education is the movement from darkness to light."

By Patience Sikwane

World Aids Day, on 1 December, is a time to celebrate all the success achieved in the treatment and prevention of HIV/AIDS.

It's also a reminder for us to pay tribute to the health care professionals and health workers consisting of doctors, nurses, psychologists, social workers, home based care workers, and hospices that selflessly give service to those infected and affected by HIV/AIDS.

It is through their dedication and commitment that significant progress in managing the spread of HIV/AIDS is being made.

As patients and families we should feel proud and grateful that these health workers are offering their time to saving our lives and giving us support.

The prevalence of HIV/AIDS is estimated to be as high as 35% in the Bafokeng area, which makes the management and prevention of the spread of the disease very critical.

GOVERNMENT SUPPORT

As part of ensuring access to high quality healthcare and social services, RBN Health and Social Development Services (HSDS) supports government in its efforts to manage HIV/AIDS in the Bafokeng area.

While the government pays for most of the operating costs (staff and pharmaceuticals) at the health facilities, the HSDS supports it with

research, upgrades, extra capacity and management support.

In addition, as from 2009 the Bafokeng Health Centre became an accredited centre to provide antiretroviral treatment for HIV and AIDS.

ARV THERAPY

born with HIV.

Dr Keba Mokgethi, Head of RBN Health and Social Development Services, describes the ARV rollout programme, as a success with a major reduction in AIDS related deaths, defaulters or children

Over the two year period close to 5000 adults and over 200 children are taking part in the HIV/

The department is now extending HIV prevention, care and treatment to local clinics.

AIDS management programme.

All clinics offer HCT as well as antenatal support and Phokeng Health Centre refers patients to local clinics which cover up to hundreds of patients and have a doctor who visits the clinics once a week.

HCT CAMPAIGNS

Another success was achieved in the HCT campaigns, following the national call by the Minister of Health, Dr Aaron Motswaledi to test 15 million people by the end of this year.

In the Bojanala region, it is reported that a total of 900 000 people have received HIV Counselling and testing over the past year.

This number, says Mokgethi, means that early intervention can be done where necessary which adds to our efforts to ensure prevention of the spread of the disease.

HOME BASED CARE AND **HOSPICES**

As a result of our close links with other private organisations our efforts to manage the disease are strengthened, says Dr Mokgethi.

"More people with HIV and AIDS are cared for at home by family and friends, as well as by home based care organisations and hospices.

We have several home based care services and hospices in our area that are trained to meet the health care needs of people living with HIV/AIDS in their homes and at the centre.

Tlhokomelo Health Centre, in Mabitse assists patients with care and support while Tapologo offers care, support and ARV treatment".

The Home Based Carers on the other hand, assist with defaulter programme; they do follow ups on the patients to ensure that they take medication on time and offer psycho social support.

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MOTHER TO CHILD TRANSMISSION

Though still a challenge, prevention of mother to child transmission has shown some positive results.

The proportion of HIV positive women who receive drugs to protect their children from infection has continued to grow, thanks to effective voluntary testing and counseling and access to antiretroviral therapy.

The number of children receiving antiretroviral therapy in the programme is just over 200.

To address this problem and reduce the numbers of infants and children exposed to HIV, Dr Mokgethi says pregnant women should choose to go for early testing which will help them to get proper care and early treatment.

YOUTH

While significant progress is made, Dr Mokgethi says behaviour and attitudes of young people towards HIV prevention continues to pose some challenges.

Many of the young people are becoming more reckless with their lives- they are failing to practice safe sex and tend to rely on Post Exposure Prophylaxis (PEP), a preventative method used to combat early exposure to the virus in clinical accidents and cases of rape.

To avoid exposing themselves to infections, Dr Mokgethi says, the youth need to become responsible citizens and assist the government in bringing to an end the spread of this disease especially among them.

Dr Mokgethi encouraged people irrespective of their status, to test regularly and influence others to do the same as a way of ensuring healthy lifestyle choice.

"Being HIV positive is not a death sentence and should be viewed as a chronic illness in the likes of diabetes and hypertension. With proper care and by taking medication as prescribed, people living with HIV/AIDS could still live up to old age".

HOW TO HELP IN THE MANAGEMENT OF HIV/AIDS

- ABC (abstinence, being faithful and condomising) still remain the best prevention methods against infections, practice it
- Early HIV testing is critical because anyone who does not know they are HIV positive cannot benefit from interventions
- · Take treatment regularly, avoid defaulting
- Avoid re-infection and resistance to treatment; condomise and stick to one partner

ZERO AIDS RELATED DEATHS

ZERO DISCRIMINATION

ZERO NEVV INFECTIONS



Avoid road accidents - Be safe this holiday season

By Patience Sikwane

The Bafokeng region has one of the highest incidences of crime as shown by the latest RBN Safety and Security statistics.

The department contends these crimes are more frequently committed during the end of the month but increase rapidly during the festive period.

With the holiday season upon us, crimes such as domestic violence, robberies and house breaking become a cause for concern, but more disturbing is the alarming increase in road accidents which result in serious injuries and sometimes permanent disability and even fatalities.

Drunk driving is one of the biggest threats to Road Safety in South Africa.

According to the RBA Safety and security report, in 2010, 94 cases of vehicle accidents were reported and 67% of the accidents occurred in the festive season alone.

The Reaction Force attends to approximately five vehicle accidents in RBN area per month; some resulting in deaths and serious injuries.

In total, 49 vehicle accidents have been attended by the Reaction Force since the beginning of the year.

In an effort to assist the motorists as they drive this festive season, the department has identified the roads which are more prone to accidents in our area and warn motorists and pedestrians to be vigilant when using these roads.



R510: This road leading from Rustenburg to Kanana, Mosenthal joining N4 through Tsitsing amongst others, remains the road with the highest accident prevalence in and around Rustenburg [including all RBN Villages].

It carries a high traffic volume and is littered with taverns and other liquor outlets situated next to it at various intervals.

It is frequently crossed by a magnitude of pedestrians - many of whom are from leaving taverns and crossing the road during night hours.

R565: This road - also known as the Phokeng main road - should be considered a high accident zone during festive seasons. The most prevalent evil on this road is indiscriminate speeding.

The absence of robots, speed humps, and the apparent inability of motorists to legally negotiate the traffic circle [western bypass link] together with inadequate traffic policing have enhanced vehicle accidents on this road.

R565 Boshoek: This road which is the main access route from Rustenburg to the MACHARORA area - carries a high traffic volume and has witnessed serious - even fatal vehicle accidents.

While the department is doing much to improve safety on our roads, as a driver or pedestrian, you can do more to protect yourself; adhere to the road traffic rules and live to experience the joy of the holidays.

SIMPLE THINGS TO DO:

- Think, look and drive ... not only for yourself but your fellow motorist also.
- Keep a safe following distance
- Respect the speed limits, remember speed kills
- Stay off the roads during peak times: such as Christmas day and New Years day
- Do not drink and drive: A drunk driver is on his/her way to the mortuary!

Community members get involved in crime prevention

By Theron Rapoo

The RBN Department of Protective Services is working in partnership with locally established Community Safety Committees (CSC) throughout the Bafokeng area to raise crime awareness, prevent and fight crime to ensure the safety of the communities.

Established in 2009, the CSCs are part of the community policing concept of Protective Services which aim to educate, inform and provide assistance to the communities with regard to issues of public safety.

With the interest of community safety at heart, all members, who are from the community, are being supported and assisted by the Department of Protective Services.

Members work hand in hand with their communities, Makgotla, Protective Services and the SAPF. In addition, the Committees also support and promote crime-prevention awareness throughout the community through programs such as neighbourhood watches.

To achieve this, the department offered the members a four day training course focused on squad and fire drills; offences and elements of offences as prescribed by the Criminal Procedures and Anti Corruption Acts, reports and statements, the role of CSC in villages, the fight against narcotics, protection of neighbourhoods and at events, school gangsterism and the tactical use of pepper spray.



So far forty Committee members from two Regions have been trained to prepare them for a daunting task of preventing and fighting crime in their Regions and villages. Forty more members are to be trained during the coming year.

Gabriel Seabelo, Community Safety Liaison Officer and training organiser, said the aim of the training is to ensure that communities understand and exercise their rights in terms of safety and security, get actively involved in fighting crime in their villages and to encourage them to work closely with RBN Protective Services and all other law enforcing agencies.

One member from that attended the first course, who did not want to be named, said he was excited and looked forward to completing the training.

"It has always been my wish to join the Reaction Force team and I think this is the right platform for me. Being taught how to write statements, effect citizen arrests, self defence and neighbourhood watching makes me feel confident in contributing towards crime prevention and also makes me realise and appreciate the hard work done by our Reaction Force team", he said.

Since the establishment of the CSCs more and more people from various *makgotla* in villages are becoming more interested in assisting Protective Services in reducing the incidence of crime. Currently the Community Safety Committees have recruited approximately 1230 members from the five regions of the Bafokeng area.

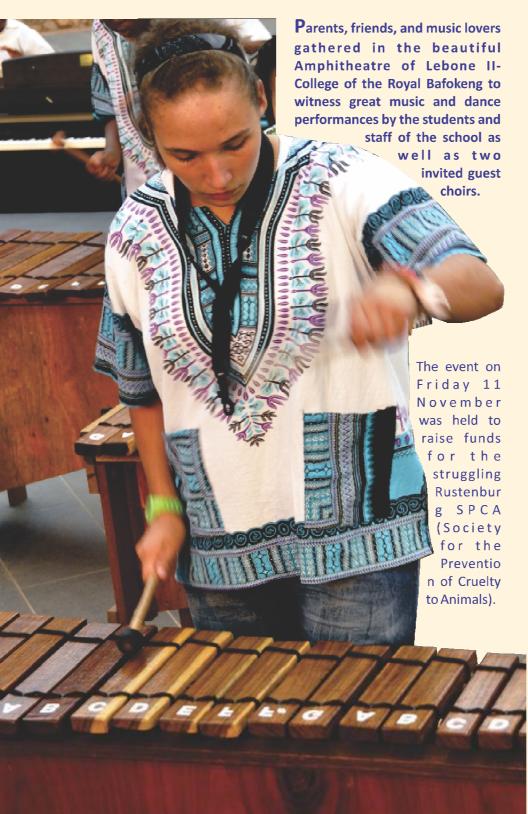
"It has always been my wish to join the Reaction Force team and I think this is the right platform for me"

The Capital Region has 24 branches with 360 members, North Region: 15 branches and 225 members, North East Region: 20 branches with 300 members, Central Region: 13 branches and 195 members while South East has 10 branches with 150 members.

This community partnership approach is proving that the success of crime prevention and community safety is to a large extent dependent on the support of the community. With more people getting involved in neighbourhood watches, the communities are set to become much safer.

The Lebone II spring music picnic, a blast!

By Theron Rapoo



After visiting the animal shelter, Gareth Dry, the Director of Performing Arts at Lebone, felt the need to raise funds for the organisation.

He found that due to lack of funds the shelter was forced to retrench some of its staff members.

To assist the learners in their good work, the school invited two guest choirs - Laërskool Rustenburg Noord Choir under the directorship of Mrs Patricia Jordaan, the choir of Hoërskool Rustenburg under Mr Ralf Schmidt as well as, the Royal Bafokeng Youth Choir.

> "Any good music must be an innovation" Les Baxter

It was a night filled with strong traditional songs and Western pieces by the visiting choirs.

The Lebone Junior Choir was the opening act, Mr Given Dzingwa, a Mathematics teacher at Lebone also gave a performance, Rustenburg Hoërskool performed some beautiful pieces, and Laërskool's Rustenburg Noord's performance was angelic.

The final performance by the Lebone II College Choir with the Royal Bafokeng Youth Choir proved that they indeed stand a chance to perform at the World Choir

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The parents were in admiration as they witnessed their childrens' abilities, playing difficult instruments such as piano, bass guitar, flute and classical guitars to make the most beautiful music.

The event raised R22 600 to help the animal shelter in its efforts to prevent cruelty to and the abuse of animals, educate the public about animal welfare, and promote awareness

of the problem of animal

cruelty in Rustenburg.

The fund raising event proved that children have great potential to make a difference in the community, something that hopefully will help inspire others to do the same.



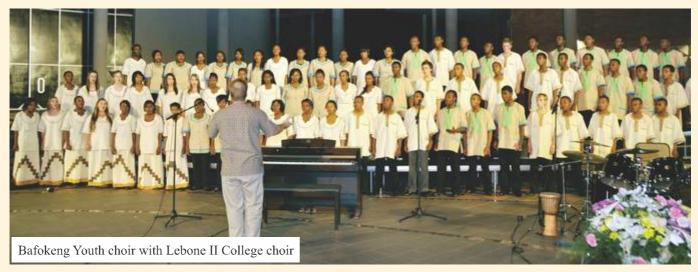


Laerskool Rustenburg Noord choir

> Rustenburg Hoerskool choir







Nurturing Entrepreneurship – The Business Place success story

By Mahali Monyane

Entrepreneurship is the single most important contributor to the creation of employment and wealth - a major factor in the alleviation of poverty and the growth of self-sustainability in communities.

To achieve this, RBED has collaborated with The Business Place Phokeng to assist SMMEs within the area in growing and

"Clients can walk in at any time to access any of our services, all at no cost"

becoming independent income generating and job creating entities.

Approximately 12% of its funds are directed towards The Business Place, a donor funded organisation whose primary objective is to provide services to assist in the development of communities through entrepreneurship.

According to the Branch Manager, Portia Mhlongo, The Business Place serves as a navigation center for start ups, new businesses and existing businesses and provides personalized business support designed to guide each individual idea or business and to help entrepreneurs take the step in their business.

"We help an entrepreneur in the early stages of starting up by, nurturing the business idea to a stage where the business is formalized and complies with all requirements of operating a business.

Once the business has reached a level of competence and operation, we refer the small business to RBED to get assistance in accessing opportunities and further advance interventions", said Mhlongo.

This form of assistance, she added, includes, sector specific networking sessions, access to procurement opportunities, business linkages, business planning, access to mentorship and coaching

Through their consultation and referral services, Mhlongo said, they are able to identify the gaps in the market and ensure there is a match between those identified needs of the entrepreneurs and the service providers geared to provide the necessary skills. "Clients can walk in at any time to access any of our services, all at no cost", she said.

Though entrepreneurship is important, Mhlongo says very few young people have embraced it as a career path - most graduates focus on seeking employment as the only option, instead of exploring opportunities in which they can make a contribution towards employment and wealth creation".

She emphasized that a well-



Portia Mhlongo - TBP Branch Manager

developed business plan is the most important component for entrepreneurs to initiate their business. "They need to identify gaps in the market - not just to replicate what their neighbour is doing and bring innovative services and products in response to the needs of the communities".

Her advice to entrepreneurs is to learn how to manage their finances. Instead of directing their finances towards their survival, they need to focus on business growth and the creation of wealth.

cont... pg 9





Pay for Your Services!

Water Meter Readings

Water meters are read from the 25th to the 30th of each month but the billing for that month is only distributed the following month. If you do not receive your bill, which is distributed every month when meters are read, please contact the Rates Office at Bafokeng Plaza.

How to pay your bill

Non-payment of bills is taken very seriously. If you are having difficulty paying your bill, please speak to us as soon as possible as we may be able to help.

- All payments are made at the RBA Rates Office at Bafokeng Plaza.
 - Cash payments or bank guaranteed cheques are welcome.

CONTACT US

Rates Office Opening Hours: Monday to Friday between 8h00 to 17h00.

Contact Number: 014 566 4366

Who is eligible to access The Business Place?

- Individuals with a drive to start up businesses
- Individuals with business ideas, who want to set up a business
- Individuals that have started businesses
- Individuals that are looking to expand their Businesses

What services/resources are available for entrepreneurs?

- One-on-one consultations with a navigator
- Access to business information/resources
- Free Internet access
- Assisting and coordinating partnerships for businesses with the RBED
- Referrals to RBED Consultants for Market Opportunities
- Referrals to business development service providers & government agencies
- Free Business Workshops & Trainings
- Free use of boardroom facilities

Key factors to take into account before setting up a business:

- Identify a gap in the market and do your homework to see whether such a business is feasible and there is a need for it.
- Draw up a business plan and establish a focus.
- Set up your business as "lean and mean" as possible.
- Put in place all communication tools to get your business known, company profile, service offering, email address, contact telephone numbers, and once you have your first client, work towards setting up a website.
- Ensure you manage the administration processes of the business (accounting and legal amongst others)
- Ensure that you match your skills to your business service offering
- Read, research and get to know about basic business skills or get training, on financial literacy, operational management, basic business marketing.
- Find a mentor or role model to assist you in setting up and growing your business.
- * Put in place marketing strategies for your business for any business to grow from a one-client business to servicing a wide range of clients, marketing and communications will play a critical role towards business sustainability and growth, something that most entrepreneurs fail to see as important.

Visit The Business Place Phokeng at Suite 32, Bafokeng Plaza. Old Sun City Road, Phokeng or contact (014) 566 3010 or visit

www.thebusinessplace.co.za for more information.



Local entrepreneurs recieve certificates

By Lekgetho Matlhaga

Thirteen Entrepreneurs have been awarded with certificates after successfully undergoing a training course in Micro MBA (Managing Business Activities) at a ceremony held in Phokeng.

The ceremony held on Wednesday, 23 November, was organised by The business Place in conjunction with the Royal Bafokeng Enterprise Development.

Amanda Kulati, National Training Coordinator and Micro MBA Facilitator for the Business Place described the course as critical for addressing the gaps in business management.

She encouraged graduates to continue equipping themselves with the right kind of knowledge in order to manage their businesses with success. In addition, she said they should continue to visit The

Business Place as it has a lot of courses to offer which could equip them with skills to take their businesses a step further.

Also speaking at the ceremony, Molebogeng Monage of Productivity SA encouraged the graduates to aim to do better in the future and learn to respect their clients.

Awarding the certificates, Obakeng Khutsoane, Executive Manager at RBED lauded The Business Place for their efforts in ensuring that small businesses acquire the right set of skills to use in their businesses.

He told the graduates that they will not be rewarded for becoming tired and disillusioned, but rather for the passion they bring in their jobs. He appealed to them to respect their clients and also not forget to say 'Thank You' to them.

He said that by doing this; they would be putting fuel in their businesses to propel them further.

One of the graduates, Lucas Diale of Phokeng found the course very interesting saying it gave him ideas on how to expand his businesses further as he now understands the tricks of running a business.

Diale has been in the transport business for close to four years, he arranges transport for schools, clinics, mine employees and social clubs.

Selapeng Mokgatle of Galebotse Catering, another happy graduate, said she joined the Business Place to acquire skills to run her business and as a satisfied client she always encourages her new staff to do the



Obakeng Khutsoane (In The Black Jacket)
RBED Executive Manager
hands over certificates to Micro MBA trainees





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She said the Business Place is not only for business owners who have already established themselves, but also for those who still aspire to start their own businesses.

She thanked The Business Place for doing a good job and making a difference in their businesses.

The Business Place focuses on providing support and access to facilities to businesses that are starting up as well as to existing businesses.

It works closely with the RBED and provides SMMEs with consultation services from the idea Stage, through to new businesses and existing businesses.

If a business is identified as having enterprise development potential they are referred to the RBED offices.

Amanda Kulati National Training Coordinator and Micro MBA Facilitator, Lucas Diale and Obakeng Khutsoane, RBED Executive Manager



Community sewing project gets a new lease on life



By Minah Huma

Lebone La Bafokeng, a sewing project based in the Mosenthal Village, has received new help, thanks to the local granite mining companies operating in the area.

Kelgran Africa, Red Graniti and Kudu Granite, have stepped in to assist the small company by offering them sponsorship.

This project started in 2000, with the purpose of providing employment for the unemployed women in the area.

However for the past ten years the project has been struggling with finances, resulting in periodic closures and new people coming on board from time to time.

With a generous sponsorship from three local granite mines, Kelgran Africa, Red Graniti and Kudu Granite, the company has now employed nine local women.

The sponsors have acquired sewing machines and sewing material for the project and have sent the women for training at Fields Wear, one of the leading clothing factories in South Africa.

According to Phillip Kgaladi, Operational Manager at Kelgran Africa, their aim with programs like these is to contribute towards poverty eradication and community upliftment in the areas where mining or production operation takes place.

"This is one of the projects that we are funding within our local economic development program, and we believe that has the potential to grow. After a feasible study was done it was agreed that the project can be sustainable and it will benefit the community in terms of creating employment".

"The project is already showing some positive results as more and more orders are coming in. It is also pleasing that the women are showing great commitment to the project as they are even working on weekends to meet their targets",

The good news of the sponsorship came with additional support from companies like the Micro Enterprise Development Organization (MEDO), headed by Judy Sandrock.

With the assistance from this company, said Kgaladi, the women are likely to secure large scale orders in the near future.

"MEDO is in negotiations with various companies including Barloworld to manufacture safety uniforms, and supply other companies", he said

After months of training which included practical sewing and theory in the work place, Lebone La Bafokeng supplies carry bags, overalls, t-shirts, school uniforms, tracksuits, sports gear and golf shirts.

Other than the sponsors, the women serve local schools like Lerutlhware in Mosenthal and Tsunyane in Lekgalong with school uniform.

MaVictoria Tabane, the project supervisor is excited that the project not only has women who have dedicated their time and experience to further developing the project but that it helps them to put food on the table for their families.

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She said the type of training and the new equipment they received will assist them to provide quality garments to their clients, at the same time ensuring that orders are delivered on time.

"My wish is to see the project growing and empowering more women in the future", she said.

MaVictoria has received extensive training in management skills as well as practical sewing at Field Wear under the guidance of their operational manager, Phillip Kgaladi, who manages the project for the three sponsoring mines.

She said Kgaladi assists them with marketing and ensuring that the project has the financial support from the mines and other sponsors.

Kelgran Africa, Marlin Granite and RED Graniti have been involved in the dimension stone industry in South Africa and particularly North West for the past 40 years.

They are regarded as the three biggest producers of dimension stone in South Africa and their products are marketed worldwide.

Their products are mainly sourced by the construction market, with the balance feeding to the monument



Royal Bafokeng Wishes You a Merry Chri Anda Happy New Year

RBA CALL CENTRE

The Royal Bafokeng Administration has set up a Call Centre to receive the emergency reports on the following:

- Water pipe bursts
- Sewer blockages
- Electricity faults
- Damage to the road infrastructure (hazardous to traffic)
- Traffic accidents
- Fire to buildings
- Land invasion (squatting)
- Storms
- Veld fires
- Emergencies at schools

Should you experience any of the above, please call, Toll-free number: 0800 56 2020 or e-mail: callcentre@bafokeng.com



Tshekatsheko ya motse wa Lesung



O ke mongwe wa metse e mennye o go begwang o le bogolo ba dihektara di le 85.

Motse o, o dikaganyeditswe ke meepo mme o fitlhelwa dikilomitara di ka nna someamabedi pedi go tswa kwa bokone jwa Phokeng.

Dikgosana le Dikutle

Kgosana Abraham Ramosepele mo kgotleng ya Mphepele, o eteletse pele motse o, o go begwang o bone leina la ona ka ntlha ya lesu le le tletseng mo go ona.

Ditirelo

Go tlhokega ga dikolo mo motseng o, ga go thibele baagi go fitlhelela thuto.

Bana ba tsamaya sekgalanyana go fitlha kwa dikolong di tshwana le se se potlana sa Lerutlhware kwa Marakana, sa magareng sa Matsukubyane kwa Kanana le se segolo sa Sekete kwa Kanana.

Bao ba kgonang go begwa ba rulagantse dipalangwa go rwalela bana kwa dikolong tse di farologaneng moso mongwe le mongwe.

Lesung Community Hall e dirisiwa jaaka sekolo sa bana ba ba kwa

tlase, klilinki, ga mmogo le lefelo leo bagodi ba ba amogelelang madi a bogodi mo go lona.

Gangwe mo kgweding, mobile clinic e etela baagi go neela balwetse thuso ya kalafi gone mo holonge.

Go na le mokgatlho o o bidiwang Benovalence Home Based Care o o thusang balwetse ka go ba etela mo magaeng a bona, le go sekaseka ditlhokego tsa bone.

Mokgatlho o, o thusana le Lefapha la Pholo le tlhabololo va loago, leo le tlisang melemo le dithuso tse di maleba.

Sengwe gape sa botlhokwa ka mokgatlho o, ke go thusa go rulaganyetsa bao ba tlhokang thuso ya Hospice, gore ba kgone go isiwa kwa Tapologo Hospice e e kwa Marakana.

Mokgatlho wa bagodi wa Tshwenyane Aged Club, o le ona o fitlhelwang mo motseng o, o tlisistse thuso e kgolo mo bagoding.

Ntle le go thusa ka tlamelo ya merogo go tswa mo tshingwaneng eo e fitlhelwang kwa holong ya morafe, mokgaltho o, o thusa gape le ka go tlamela bagodi ka dijo ka fa tlase ga lenaneo la Meals-on-Wheels.

Bontsi jwa ditsela tsa motse di a lebega, e bile ga jaana go na le porojeke e e tsweletseng ya go baakanya ditsela tse di ka fa gare ga motse, e leng seo se tla kgontshang gore ditsela di kgone go tsamaega sentle.

Fa e le mogo tsa ikonomi, bangwe ba baagi ba dira kwa meepong e e gaufi gammogo le go itirela ditshingwana tsa merogo go iphedisa.

Dikgwetlho

Bosenyi jwa go thubiwa ga matlo ke tlhobaboroko mo motseng, boo bo etegediwang ke go nna kgakala ka seteishene sa maphodisa le tlhokego ya dipalangwa.

Botlhokatiro le bona ke nngwe ya dikgwetlho tseo baagi ba lebaganeng le tsona.

Go leka go thusa baagi, puso e tlile ka lenaneo la namola leuba leo le thusang baagi ka ditiro tsa nakwana.

Bao ba dirang mo go yona, ba dira gabedi mo bekeng go thusa mo go phepafatseng motse wa bona.

Sports December 2011

Thipe scoops Sportsman Of The Year award



By Malebo Mogomotsi

Eugene Thipe, Athletics Head Coach for Royal Bafokeng Sports was unveiled as the 2011 Sportsman of the Year and the Coach of the year at the University of North West, Potchefstroom Campus.

Monday, 10th October was a beautiful night for great sportsmen and women as well as sports lovers who came together to salute the finest sports performances of the year.

Thipe had a remarkable season as most of his athletes, who are on the Potchefstroom campus team, made it on to the national team.

Among them were Simon Magakwe, Rapula Sefanyetso and Rorisang Ramonnye for the National students' team and for the IAAF World Athletics Championships were Lebogang Moeng 200m, Simon Magakwe 100m, Thuso Mpuang 200m and Ofentse Mogawane 4 x 400m relay.

"It's humbling to be recognized. I'm proud to receive this honor along with other top athletes who also did well in their categories," Thipe stated after attending the ceremony.

Other Bafokeng athletes who were nominated during the same ceremony for this sporting achievement include Simon Magakwe and Rapula Sefanyetso who were nominated for the Sportsman of the Year and Rorisang Ramonnye nominated for the Junior Sports Person of the Year.

The recognition was another addition to Thipe's awards, he first won an award for the USSASA Up and Coming Youth Athlete of the Year after beating the 100m record with the time of 10.92 seconds in 1997 at the age of 15 and in 2005 he was awarded the Sport Man of the Year by the Royal Bafokeng Nation.

Thipe, with his love and passion for athletics, encouraged young people to become active in sports. He said athletics can turn one into a highly disciplined individual and more importantly, one can make a descent living out of it.

He added that young people have no excuse for not taking part in sport as tertiary institutions nationally and internationally are in search of high performers.





Karate Team excels at the KSA Tournament

By Karabo Modikwe and Malebo Mogomotsi

The Bafokeng Karate team brought home 25 medals - 4 gold, 11 silver and 10 bronze from the KSA Champ of Champs' Tournament held in Rustenburg recently.

The hosting team, North West province, consisted of 55 participants, 30 of which were Bafokeng athletes.

Champ of Champs is the most respected and honored style of karate in the country by far which karatekas from various provinces.

This year six provinces including

North West, Gauteng, Western Cape, Limpopo, Free State and Kwazulu Natal took part in the tournament.

Among the dignitaries attending the event was the MEC for Sports, Arts and Culture Hlomane Chauke. who handed over the awards to the best performing karatekas. The North West province managed to scoop up a total of 32 medals, 5 gold, 14 silver and 13 bronze.

The gold medalists of the Bafokeng Team include Gee Lenkwe, Obakeng Rapoo, Odirile Puswe from Mogono Village and Paballo Nkwaye from Tsitsing village.

On the other hand Isaac Nkomo RBS Head Coach, Gee Lenkwe, Assistant Coach and Letlhogonolo Kgampe were recently graded and received their black belts.

Nkomo and Lenkwe are now Nidan (second Dan black belts) while Kgampe is now ranked Shodan (first Dan black belt). Kgampe is the 200th black belt trained and prepared by Shihan Chris Seabelo over the 27 years of his karate career.

The Bafokeng Karate team is currently conducting training sessions in the Bafokeng Regions.



Bafokeng rugby team test their skills at the 7's tournament

By Malebo Mogomotsi

Along with other 24 rugby teams from various provinces, The Royal **Bafokeng Sports Senior Rugby Team** took part in the 7's tournament held in Klerksdorp at the beginning of November.

The team fought hard to win four of their pool games and lost only one game, much to the excitement of the head coach, Gerald McPherson who said, his players put a high standard of rugby on display throughout the tournament

"I'm glad that the players showed their talent, skills and the knowledge of the game in this highly competitive 7's tournament" he said.

This was shown when the Bafokeng team beat last year's Plate champions of 2010, The Warriors, in their pool match.

The team managed to clear the pool with brilliant rugby on the field and ended up being on top in group B.

With this kind of performance the team managed for the first time to qualify for the semi-finals of the 7's tournament.

Lady luck was unfortunately not on their side as they lost to Anglo Gold and ended up obtaining the 4th position.





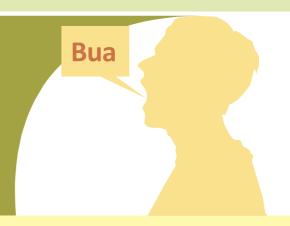


A Lentswe la Gago le Utiwale!

Lekwalo dikgang la gago; Segoagoe le go laletsa go romela dikakanyo le ditshwaelo dingwe le dingwe tse o ka tswang o na le tsona go makeitnews@bafokeng.com, kgotsa

wa di tlisa ka namana kwa Bafokeng Civic Centre. Ditshwaelo di letleletswe go fitlha labotlhano wa bobedi wa kgwedi ngwe le ngwe. Mokwadi o rotloediwa go kwala bokana ka mafoko a le 400, e seng go feta.

Ditshwaelo ka puo ya Setswana le ya Sekgoa di amogelesegile. O gakololwa go akaretsa leina la gago, dinomoro tsa mogala, le lefelo la bonno mo lekwalong la gago.





Big hearted Platinum Stars gives back to the community

By Malebo Mogomotsi

Platinum Stars, Absa Bank and North-West FM jointly handed over cheques totaling R20 000 to various charity organizations to help them meet their various needs.

The money was handed over at the Absa Premiership clash between Platinum Stars and Mamelodi Sundowns at the Royal Bafokeng Sports Palace in November.

Aubrey Molobi, Platinum Stars' Supporters' Co-coordinator & Media Relations Head, said this initiative forms part of Platinum Stars' on-going efforts to reach out to the local community and make a difference where possible.

The money was raised through a sponsored car wash and a soccer tournament hosted by the club and its partners.

All proceeds went to charity organizations like Tlhokomelo Health Centre, Ntlhokomele MoAfrica for Orphans and Vulnerable Children, Lesedi Educare Centre from Moruleng and Leniet Children's Shelter from Phokeng.

Molobi said that the initiative such

as the car wash, where players are involved helps them to connect, take action and bring the players closer to the community.

"We want the people of the North West province to feel that they can identify with this team and that Platinum Stars is part of the fabric of the province".

He added that their unbeaten record at home in all competitions and the support they are getting from the local community this season is a sign that their efforts are paying off.

He appreciated the support from their "12th man" and pledged that they would continue to reward the fans with more initiatives over the coming months.

David Monene, Area Manager for Absa Bank, said they decided as Absa Bank staff members to contribute from their own pocket to help the needy people and that the car wash together with the soccer tournament also contributed to their fundraising efforts.

"I think we have shown what is possible when people come

together to help those less fortunate than themselves.

We look forward to continuing this initiative with the hope that other companies in the province will do likewise and also take responsibility for helping the community", said Monene.

Thami Mkhondo, National Sales Manager for North West FM said, the joy on the faces of the recipients of the cheques made all the hard work in raising the money worth it. She said although it was quite hectic raising the funds, it was very rewarding for them.

"It is difficult to explain the feeling of seeing the tears streaming down the faces of the recipients; you can see just how much it means to them. This shows that we have done something really worthwhile and we are determined to continue ploughing back to the community who support us by listening to North West FM", said Mkhondo.

Raising money to support worthy causes is a good thing. The donations like these will go a long way towards helping the organizations with their hard work to meet the needs of the less fortunate.

Upcoming Events - Platinum Stars League Fixtures for October

PS v/s Moroka Swallows, Royal Bafokeng Stadium PS v/s Bidvest Wits, Bidvest Stadium

15:30 17/12/11 19:30 21/12/11











