bokgabane

botoka le botoka – better and better

from THE ROYAL BAFOKENG Operations Room

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> PROJECT **SPOTLIGHT**

FEATUREDPROJECT

Sporting codes development plan

Project manager: Ezekiel Seabelo

Sports make a significant contribution to our wellbeing as a Nation, and play an important role in the development and unification of individuals, groups and communities.

Moreover, sports play a major role in the lives of those it affects. It promotes health by keeping people fit, promotes community safety by reducing the chances of young people slipping into lives of crime, increases employment opportunities and educates people on the benefits of self discipline, team work, mutual respect and fair play.



That is why Royal Bafokeng Sports (RBS) has implemented a development plan over 5 sporting codes namely, soccer, rugby, martial arts, netball and athletics. This programme is aimed at giving every child within the Bafokeng community a chance to participate in physical education and extra-curricular sports, in order to provide a pathway for children to reach their full sporting potential at mass, intermediate or elite level.

RBS believes it can achieve these aims by employing highly qualified head coaches in each sporting code, to coach our sportsmen and sportswomen, and also to transfer skills to local voluntary coaches. Initially there were just over 10 000 children participating collectively in the sporting codes. Today, ±20000 children are enrolled into the programme mainly due to the extension of Physical Education at schools which is carried out by Village Sports Coordinators.

Project activities take place in all 29 Villages of the five RBN Regions. Interschool competitions and tournaments, both regional and national, serve not only as motivation for participation but also serves as a platform to showcase and identify talent.

The project is nearing its end in December, but will be continued as a programme to provide an ongoing platform for sports development in the RBN. The programme will be monitored through the new Programmes section of the MPS (Manage-by-Projects System), which will be launched by the PMO in November 2010. A sixth sporting code, basketball, will be added to the programme, further extending the opportunities for participation.



RBS believes this project is in line with their mission statement 'to implement a holistic strategy for sport in RBN, promoting health, responsibility, discipline, respect for self and others, pride, volunteerism and excellence'. Long and successful may this programme continue!

COMPLETEDPROJECT

67 Minutes of Community Work – phase 1

Project manager: Mamakie Mothiba

The 67 Minutes of Community Work Project emerged from the Operation Dignity programme, which aims at addressing health and social issues that affect the elderly members of the Royal Bafokeng Nation. The inspiration for the project comes from former president Nelson Mandela's initiative to encourage volunteerism through 67 minutes of community service.

The project duration was just over three months; commencing on 2 May 2010 and ending on 10 August 2010. The project consisted of two parts, the identifying of needy families and the health education for older people in the community hall.



The identified six needy families, three from Lesung and three from Tsitsing, received home visits where health and social issues were addressed. The home visits included the participation of various stakeholders, such as the Department of health with doctors and nurses, and the Department of Social Development accompanied by Social workers and volunteers. The six families' yards and houses were cleaned and the elderly were bathed and received groceries.

The second part of the project, that of health education, focused on the identification and prevention of cervical cancer and Osteoporosis in elderly people. The aged people that attended also participated in exercises, received cooked meals, health education and medical attention.

The project envisioned to nurture a culture of giving and to enable the community to identify social and health problems within the community and offer assistance or at least report the issues to the Social workers.



"Overcoming poverty is not a task of charity; it is an act of justice. Like Slavery and Apartheid, poverty is not natural. It is man-made and it can be overcome and eradicated by the actions of human beings. Sometimes it falls on a generation to be great. YOU can be that great generation. Let your greatness blossom."

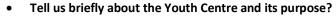
— Nelson Mandela

> PROJECT MANAGER OF THE

MONTH: Gabriel Lenkwe

- Describe your role in the RBA
 To coordinate and oversee Youth Programs in RBN.
- How long have you been with the organisation?
 I joined RBA in 2009 March that makes it 1 year and 7 months.
- How many projects have you managed and how many active projects are you currently working on?
 I have managed 4 projects; two of the projects are still ongoing.
- What would be your advice to other Project Managers in managing a project like the youth programme across multiple sites (29 villages)?

Hard work, determination and the willingness to serve is all that one needs.



It is a multipurpose centre where youth can hang around and spend their time playing sports, engaging in debates, learning computer and broadcasting skills in a safe an alcohol free environment. The Youth Friendly clinic offers youth the opportunity to consult with the nurse at their own time without fear of being discriminated.

- What difference/impact has it done for the Youth since its establishment?
 - We have more youth participating in sports, arts and culture activities. They spent most of their time at the centre than on the street where they were vulnerable. With time, we hope that the centre will bring about positive behavioural changes amongst youth.
- What are the challenges you face as a Youth Coordinator and Project Manger?
 - Time management is my major challenge. The vastness of our regions requires one to spend most of the time on the field, at the same time you must always update your projects, plus initiating and planning others.
- What is your vision for the RBN Youth for the next 5 years?
 - To have well structured and Registered Youth Clubs, five Regional Youth Structures and the RBN Youth umbrella body fully functioning, also to have at least five income generating projects for Bafokeng youth.
- How has the Project Management Office and Manage Project System assisted you in managing your projects?
 - I must commend the PMO team for the effort they put in the MPS. Through trainings and the mentoring they offer, my work becomes more manageable. Thanks PMO team!



www.rbnoperationsroom.com

Web traffic on the Operations Room website:

Month	Site visits	% New visits	Average time on site	Average pages per visit
October 2010	1097 visits from 14 countries (1051 – SA; 11 – Germany; 7 – Singapore) 251 unique visits	18.23%	00:15:11	9.37
September 2010	968 visits from 13 countries (926 – SA; 10 – US; 5 – UK) 297 unique visits	23.45%	00:14:55	10.16
August 2010	691 visits from 14 countries (624 – SA; 36 – UK; 9 – US) 191 unique visits	23.15%	00:14:27	8.82
July 2010	448 visits from 14 countries (355 – SA; 53 – UK; 15 – US) 163 unique visits	30.13%	00:08:32	4.76



> PROJECT MANAGEMENT CORNER:

What is a Project? Continued from issue 1...

Henry Gantt, called the father of planning and control techniques, who is famous for his use of the Gantt chart as a project management tool, had the following to say about project management:

- Many problems experienced on projects could have been avoided or lessened by developing a detailed project plan at the outset.
- Allow sufficient time to get agreement on the plan especially given different stakeholders. Remember that others have timetables that may not correspond to yours. Don't underestimate the amount of time this will take.
- When you've finished your Activities chart, look at it objectively. Does it capture everything you need to do? Is it logical and easy to read? If not, rework it so that it becomes a meaningful tool. Getting the Activities chart designed properly will save you hours of effort later on.

Bokgabane Quiz:

Have a go at the Bokgabane Quiz! The seventh email with all the correct answers will win...

- 1. How many RBN sporting codes are there and what are they?
- 2. How many families were visited during the 67 Minutes of Community Work?
- 3. What impact does the Youth centre have on the youth?
- 4. How many site visits did the www.operationsroom.com website have in October?
- 5. What tool is Henry Gantt most famous for?

Last month's winners! Please come on collect your prizes from the PMO...

- 1. Bakang Selloe
- 2. Werner van Rensburg
- 3. Kagiso Khunwane

Please send your answers, queries and/or comments on the Bokgabane to the PMO on pmo@bafokeng.com

Good bye Lebogang! For now...

Lebogang Kgongwana, intern in the PMO, has left on maternity leave. Lebogang, we wish you and little Omolemo all the

joy, happiness and deserve! You will

prosperity you be missed...

